



Hasbro Children's Hospital

The Pediatric Division of Rhode Island Hospital

Lifespan. Delivering health with care.®

Doctor's visits or surgery can cause stress for children of all ages. Knowing what to expect can lessen anxiety for both you and your child. That is why we are proud to offer The Pre-Operative Program (POP) which takes place every Monday, Tuesday, and Thursday at 2pm. Visits last approximately 30 to 45 minutes depending on your child's age and developmental level, and include the following information:

- **Pictures:** Seeing pictures of the actual rooms and given explanations of equipment can alleviate some anxiety. Patients will see pictures of the pre-surgery room, surgery room, and recovery room prior to surgery.
- **Medical Play:** This "hands on" experience will allow children to see and feel real medical tools in a playful way. Playing provides a non-threatening opportunity for children to prepare for what they may experience on the day of surgery.
- **Tour:** Allows children and families to meet medical staff and ask questions, and see places where they may stay.

If you would like more information about POP or are unsure if this is right for your child, please contact Kerri Baker, Certified Child Life Specialist for Pediatric Surgical Services at 401-444-6066. Kerri would be happy to help answer any questions you have when talking to your child about surgery. If your child has any special needs or sensitivities, child life specialists can help with accommodations for the day of surgery. The staff at Hasbro Children's Hospital looks forward to meeting you!

