



Women's Medicine Collaborative

A program of The Miriam Hospital

Lifespan. Delivering health with care.®

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WomensMedicine.org

Methacholine Challenge Test – Patient Instructions

Patient Name (Last, First) _____

Date of Test: _____ Time of Test: _____

Stop TIME prior to scheduled test

Medications to STOP

| | |
|--------------------|--|
| 48 Hours | <u>Stop</u> all daily inhaled medications except for Atrovent and Combivent (see below) |
| 24 Hours | <u>Stop</u> these inhaled medications and antihistamines: Atrovent (Ipratropium Bromide), Combivent (Ipratropium & Albuterol) Zyrtec, Allegra, and Claritin type antihistamines |
| 24 Hours | <u>Stop</u> these oral medications: Accolate (Zafirlukast), Zflo (Zileuton), Singulair (Montelukast) |
| 8 Hours | <u>Stop</u> these inhaled medications: Proventil, Ventolin, Albuterol, Pro-Air, Xopenex (Levalbuterol), Cromolyn |
| Day of test | <u>No</u> vigorous exercise and <u>No</u> caffeine (including chocolate) |

Please continue to take all your other medications as prescribed.

If you have any further questions regarding your medications, please ask your physician for clarification.

You can eat and drink before this test.