

# WAVE CLINIC

## Virtual Parent Group for Parents of Teens Who Use Substances



**Bradley Hospital**

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**Who:** Parents of 11- to 17-year-olds who have mental health and substance use issues

**What:** Work on the stages of change (from use to less use), how to support teens through these stages, and techniques to increase positive behaviors

**Where:** This group meets virtually

**When:** Meetings will occur weekly on Mondays from 6 to 7:30 p.m.

**How long:** Group will run for 10 sessions

**How:** Contact Bradley Outpatient at 401-432-1119 or e-mail [kmontella@lifespan.org](mailto:kmontella@lifespan.org)

**Bradley Hospital**  
1011 Veterans Memorial Parkway  
East Providence, Rhode Island 02915

The Wave Clinic was created with grant support from CVS Health.



**Scan for more information about the Wave Clinic, or contact the Bradley Hospital outpatient department at 401-432-1119**