



Lifespan Physician Group, Inc.

Gastroenterology

Delivering health with care.®

401-606-4260

Instructions for Sigmoidoscopy **with sedation**

Dear _____,

Due to unexpected emergencies, your procedure time cannot be guaranteed. Please contact your insurance company prior to your procedure to understand your responsibility for any co-payment and/or deductible. Note: This is a hospital-based Endoscopy Unit to which you may be subject to a copay.

You will have your procedure at:

___ Blackstone Surgical Center, 1526 Atwood Ave, #300, Johnston, RI 02919

___ MOC Building, 2 Dudley St, Providence, RI 3rd FL

___ Miriam Hospital, 164 Summit Avenue, Providence, RI - 1st Floor, Endoscopy Unit

___ Rhode Island Hospital, 593 Eddy Street, Providence, RI - Main Building, 9th Floor, 9B Endoscopy Unit

___ Wayland Surgical Center, 17 Seekonk St, Providence RI

Date: _____

Performing Dr. _____

Please Note: The office will call 1 week prior to your procedure to confirm your date and official time.

Important: A responsible adult must be available to come into the endoscopy suite to sign you out of the unit. You will not be able to drive on the day of your procedure. You must have someone drive you home. You may take a taxi or bus, but only if you are accompanied by a responsible adult.

Important: No driving or drinking alcohol for 24 hours after your procedure.

Purchase from the Pharmacy Two (2) Fleet enemas

Important: Have nothing to eat or drink for **6 hours** before your arrival time. **No gum or candy.**

Morning of Sigmoidoscopy

Take two (2) Fleet enemas as instructed below:

- * The first enema is to be taken two (2) hours before your appointment time.
- * The second enema is to be taken one (1) hour before your appointment time.

Medications may be taken with sips of water on your regular schedule until **4 hours** before your arrival time.

Diabetic patients: Please check blood sugar level before your procedure.

On the day of your procedure
please bring photo ID and a list of ALL your medications and dosages.

Please call the office if you have any questions 401-606-4260.